







Reorienting the HIV Response in Niger Toward Sex Work Interventions: From Better Evidence to Targeted and Expanded Practice



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Context

- Low GDP, high population growth, economic growth driven by mining/extractive industries, labor-related migration
- Contracting, concentrated, urban HIV epidemic only 1.4% of all years of life lost due to HIV/AIDS in 2010
- Male sexual risk behavior linked to mobility
- Wealthiest men 5 times more likely to have paid for sex (2.9%, vs. 0.6% in poorest quintile Q5)
- Wealthier men more likely to be HIV infected (0.6%, vs. 0.1% in poorer Q3-5 of men)
- HIV prevalence in FSW 17.3% in 2011 40 times higher than general population females
- Approx. 28,000 FSW, mainly in urban and industrial zones





HIV prevalence by sex and residence (2002, 2006, 2012)



Sources: Seroprevalence report Care 2002, SSG 2008, SSG 2011, DHS 2006, DHS 2012

2006

2012

2002

Resources for FSW programs and approach

- Niger's HIV response heavily reliant on external financing (=almost 90% of HIV spending 2007–2011; World Bank loan commences in 2012)
- Decline of investment in FSW services regional bilateral cooperation project SIDA-3 ends 2007
- In 2012, only 0.9% of total HIV prevention spending for FSW interventions, and majority of FSW-directed funding from international sources

Prioritization, sustainability, ownership of Niger's sex work-related response?

- 1. Review of evidence on HIV epidemic, programmatic and resource allocation
- **2. Epidemic modelling** of HIV transmission dynamics
- 3. Impact and cost-effectiveness of past HIV spend
- 4. Optimization analysis of HIV resources, simulation of impacts
- **5. Program science approach** to improve allocative and implementation efficiency and effectiveness of Niger's HIV response



Optima

modeling

Optima application

- **1. Optima:** mathematical model for analysing and projecting HIV epidemics, conducting health economic assessments and calculating optimal allocation of resources to meet strategic objectives
- 2. Use of available empirical data and estimations
- **3. Included in optimization:** expenditure categories with evidence of direct HIV impact (*prevention package for FSWs condoms, HCT, community mobilization /peer approaches; prevention package for other KPs condoms, HCT, risk reduction communication; prevention services for general population HCT and risk reduction communication; public sector condom distribution; social marketing of condoms; PMTCT; ART)*
- **4. Not included in optimization:** expenditures categories without evidence of direct HIV impact (OVC support, blood screening, PEP, medical waste management, response management/coordination)
- **5. Stakeholder consultations** to refine modeling and review FSW programs



Optimization objectives:

- minimizing cumulative HIV incidence 2014-2025
- minimizing cumulative HIV DALYs 2014-2025

Use of financial data:

- **Costs:** Drug costs kept constant over time, other costs increased in line with GDP per capita
- Reference year: 2012 spending pattern used as reference in optimization
- **Medium-term resource availability:** Assumed that funds acquired by end 2013 for 2014-17 NSP years available at annual average of USD 6.5 million
- Long-term projections: Assumed program coverage maintained post-2017
- Relationship between funding, HIV outcomes, and program coverage: Local data used to formulate assumptions on "cost-outcome curves"¹

Review of HIV services for FSW in Niger

- Specialised adapted FSW services in the past (SIDA-3, until 2007)
- Integration led to decreased service delivery, use and coverage
- Medical follow-up scheme in Niamey, covering 41% of surveyed FSW
- Package of services not well defined, except FSW peer education
- **Consistent condom use** reported by 23% of FSW
- Link & referral between peer educators and clinic staff weak
- Service planning not based on data on hotspots/site characteristics, FSW migration
- Service-related barriers: user fees, geo access, unwelcoming & inefficient services, lack of privacy
- Socio-cultural barriers: stigma associated with sex work
- World Bank-supported project:
 - i) Free consultations for FSWs at health centres;
 - ii) NGO contracts (mapping surveys, referral, service delivery functions)



Impact & cost-effectiveness of past HIV spend (Optima)

- Estimated HIV impact of 6 years of HIV program spending 2007-12
 - Directly averted close to 3,900 infections
 - By 2035, prevention effect projected at 12,600 infections averted
- Estimated cost-effectiveness:
 - USD 4,700 per infection averted if only HIV program spending considered
 - USD 6,200 if all HIV spending included
- HIV reduction largest in FSW HIV incidence from 3.5% in 2000 to 1.1% in 2012 (estimated between 0.6%-1% in 2015)
- FSW clients in 2012 about 1 new infection per 2000–3000 individuals
- General population very low HIV risk. In 2012, ca. 1 new HIV infection for every 4,200 women and every 2,900 men aged 25–49
- 2014 Spectrum estimates show similar HIV trends to Optima
- Government validated outputs of both models



Gaining allocative efficiency of HIV investments (Optima)

Quadruple share to FSW HIV prevention (from 0.9% to 4-5%)

Almost double share for

ART (from 26% to 48%) and for PMTCT (from 11% to 20%) (further increasing investment in favour of FSW)

Reduce share to low-risk general population programs







Sources: Spending data from NASA; Niger epidemical, demographic, behavioral, and service data in the populated Optima model. Note: OVC, safe blood, PEP, waste, and management costs were kept fixed. Condoms are part of the HIV intervention packages for the different populations. Other KPs = A combined group of prisoners, migrants, MSM, uniformed security/defense personnel, mine workers and truckers; LRP = A combined group of low-risk populations of females and males 15+

Gaining allocative efficiency of HIV investments (Optima)

- **60% less cost** (6.5 m annually instead of 16.3 m in 2012) for similar impact on HIV incidence in 2014-2025
- Would avert an extra 7,000 incident infections in FSW, and avert in total an extra 8,900 infections
- Would look very similar for best DALY reduction
- At budget levels <USD 6.5 m, FSW programs remain best investment
- Only budgets of USD 12+ m bring general population programs into the optimal investment mix



Cumulative HIV infections over 2013–2025 resulting from different spending scenarios No spending, 2012 funding levels and targeting, and model-optimized resource allocation patterns at various funding levels (100%=expected funds available 2014–2017)





Sources: Spending data from NASA; Niger epidemic, demographic, behavioral, and service data in the populated Optima model. Note: 2012 budget = 2012 expenditure pattern, for a total of USD 16.3 million. 100% budget = USD 6.5 million per year, based on acquired funding by end 2013¹¹ Drug costs are kept constant over time and other costs increase in line with GDP per capita.

Way forward: Make FSW-targeted investments work

A) Better program intelligence: Programmatic and geographic mapping in all regions and periodically updated

B) Better implementation: Build on what works already, but gain efficiency

- Peer-led outreach education has increased FSW's risk perception & screening
- · Coupon system for free access to STI services, client uptake monitored
- Condoms and lubricants promoted, HCT offered 3 monthly with HIV+ cases referred
- Some mapping and size estimation, can be built on

C) Improved, targeted, and expanded service delivery

- Use mapping data link clinics to clusters of hotspots
- Focus on ART initiation and adherence support for HIV infected FSW
- Provide FSW with *integrated* health care, which includes HIV/STIs, SRH, PMTCT
- Strengthen dialogue and alliances with police, community leaders, opinion makers
- Self-evaluation, joint program review and learning



Conclusion

- Efficient and effective FSW programs hold key to Niger's sustainable and manageable HIV response
- Resource allocations to FSW programs have been inadequate and non-optimal
- Footprint, reach and impact of FSW programs insufficient and a missed opportunity
- Evolving risk context (urban growth, raising incomes, labour migration)
- Growing understanding of importance of viral suppression of PLHIV
- Gaps systematically being addressed:
 - Allocative efficiency study with Optima supporting long-term investment decisions for impact and sustainability
 - Program science approach to harness local intelligence & global knowledge
 - Financial and technical assistance
 - World Bank credit for strengthening FSW programs
 - Multi-agency regional technical assistance package (USAID, UNAIDS, World Bank)





For additional information or to request support for a national **allocative efficiency study**, please contact:



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