

# Allison Mobley, MHS



**Family Planning Senior Program Officer,  
Health Communication Capacity  
Collaborative**

# Adolescents



**Younger Adolescents  
(10-14)**



**Older Adolescents  
(15-19)**

- Adolescents, in low- and middle- income countries, make up almost 30% of the world's population
- Transitioning from childhood to adulthood:
  - From dependence to independence
  - Cognitive development
  - Increasing influence by peers
  - Physical changes in the body
  - Sexual curiosity and experimentation
- Making safe and informed sexual and reproductive health (SRH) decisions as an adolescent is challenging

# Urban Environment



- Access to services is not a guarantee
- Different social and cultural norms are less cohesive and operate at a different pace
- Differences can be both positive and negative in how they impact adolescent well-being

# Getting Started

- HC3 conducted:
  - A literature review of 29 SBCC interventions
  - A consultation with 45 representatives from more than 15 organizations
- Available at [healthcommcapacity.org](http://healthcommcapacity.org)

