

# Agenda

5 minutes: **Background** 

15 minutes: Introduce the Urban Adolescent SRH

**SBCC Implementation Kit (I-Kit)** 

15 minutes: Orient you to the online I-Kit

5 minutes: **Next Steps** 

15 minutes: **Questions and Comments** 





## Allison Mobley, MHS



Family Planning Senior Program Officer, Health Communication Capacity Collaborative





Younger Adolescents (10-14)



Older Adolescents (15-19)

## **Adolescents**

- Adolescents, in low- and middle- income countries, make up almost 30% of the world's population
- Transitioning from childhood to adulthood:
  - From dependence to independence
  - Cognitive development
  - Increasing influence by peers
  - Physical changes in the body
  - Sexual curiosity and experimentation
- Making safe and informed sexual and reproductive health (SRH) decisions as an adolescent is challenging





## **Urban Environment**



- Access to services is not a guarantee
- Different social and cultural norms are less cohesive and operate at a different pace
- Differences can be both positive and negative in how they impact adolescent well-being





## **Getting Started**

- HC3 conducted:
  - A literature review of 29
     SBCC interventions
  - A consultation with 45 representatives from more than 15 organizations
- Available at healthcommcapacity.org



INFLUENCING THE SEXUAL AND REPRODUCTIVE
HEALTH OF URBAN YOUTH THROUGH
SOCIAL AND BEHAVIOR CHANGE COMMUNICATION

#### A LITERATURE REVIEW



April 2014





## **Developing the I-Kit**



- Drafted the Urban
   Adolescent SRH SBCC
   Implementation Kit (I-Kit)
- Tailored to West African context
- Pretested in Benin and Madagascar
- Revised text, added graphic design and illustrations





# Alessia Radice, MA, MSc



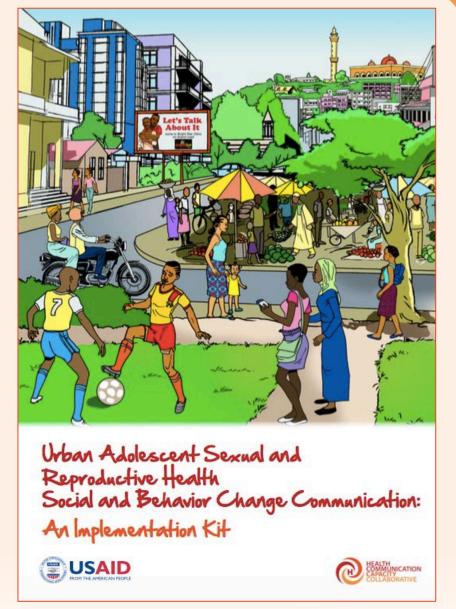
**Consultant, HC3** 







Presenter: Alessia Radice







## Purpose of the I-Kit?

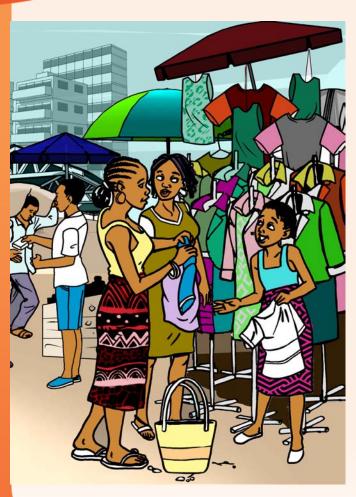
- To guide the creation, or strengthening, of SRH SBCC programs for urban adolescents aged 10 to 19.
- The I-Kit is designed to teach a selection of essential SBCC elements and includes worksheets to illustrate and facilitate practical application.







## What is the I-Kit?



- It can be used both to design and refine SBCC programs, and as a training tool for SBCC.
- The concepts, information and activities within the I-Kit are adaptable to any country, city and project context.
- It is not a step-by-step guide on how to develop and implement a complete SBCC program.

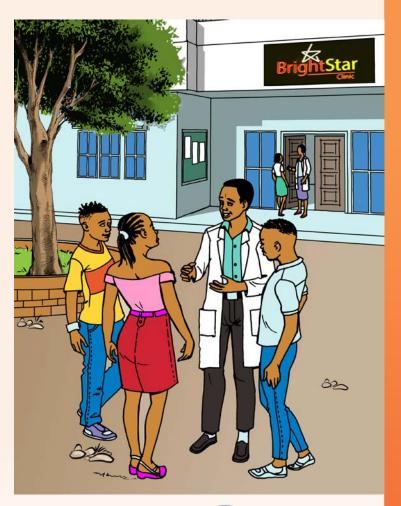






## Who is the I-Kit Audience?

- SBCC professionals
- SRH professionals
- Youth-led organizations or youth-focused professionals







## What is different about this I-Kit?



- Each Essential Element builds on the previous one.
- Each Element contains an explanatory text, visuals and interactive worksheets
- Recommend that worksheets are used with a team to encourage critical thinking and discussion.





## What is different about this I-Kit?

- Focuses on a specific target group (urban adolescents aged 10 to 19) addressing specific challenges, advantages and issues.
- Highlights the needs of younger adolescents aged 10-14.
- Content can be adapted to other age groups and to a rural setting.







# What is inside the I-Kit? Part 1

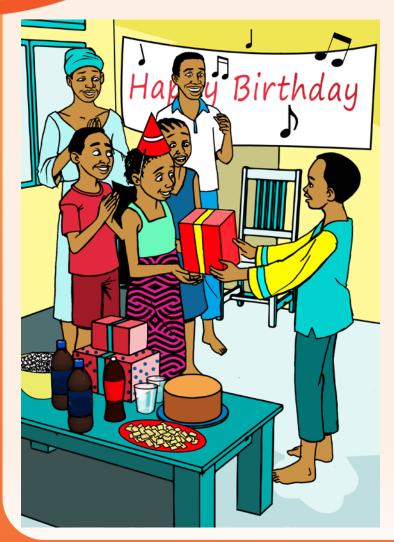


- Introduces users to the I-Kit
- Overview of SRH and urban adolescents
- Defines SBCC and provides a summary of SBCC theories
- Highlights lessons learned from successful urban adolescent programs
- Describes a fictional city (Zanbe), local NGO (Bright Star), and three adolescent Zanbe residents





# What is inside the I-Kit? Part 2



- Seven Essential Elements.
- Focus on practice and the application of what is being learned.
- Includes worksheets and completed examples for Zanbe.
- References to resources if readers wish to learn more about a specific topic.





# The Seven Essential Elements Essential Element 1



Collecting helpful information about urban adolescents





## Navigating the urban environment for youth











# Segmenting your audience









Creating an audience profile







# Establishing behavioural objectives and indicators

ls it?	Yes	No	Suggested Improvement
Specific?			
Measurable?			
Achievable?			
Relevant?			
Time- bound?			







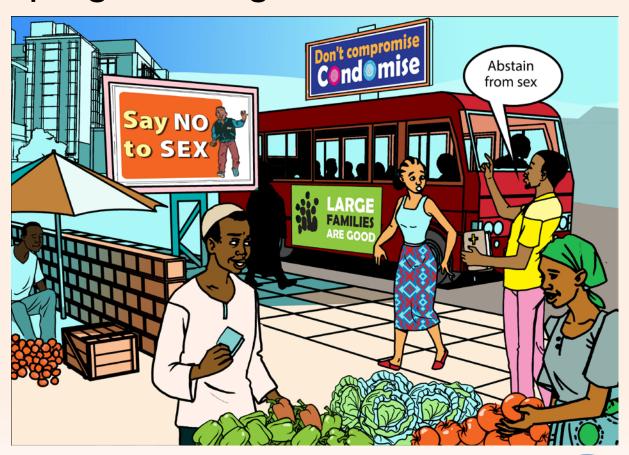


Identifying communication channels in the urban environment





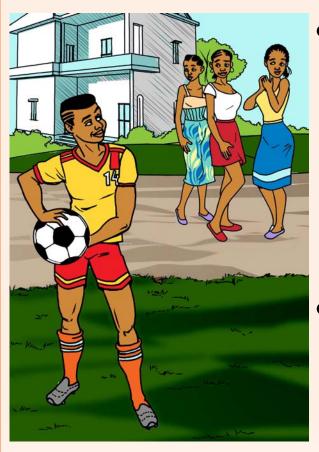
## Developing messages for urban adolescents







# What is inside the I-Kit? Part 3

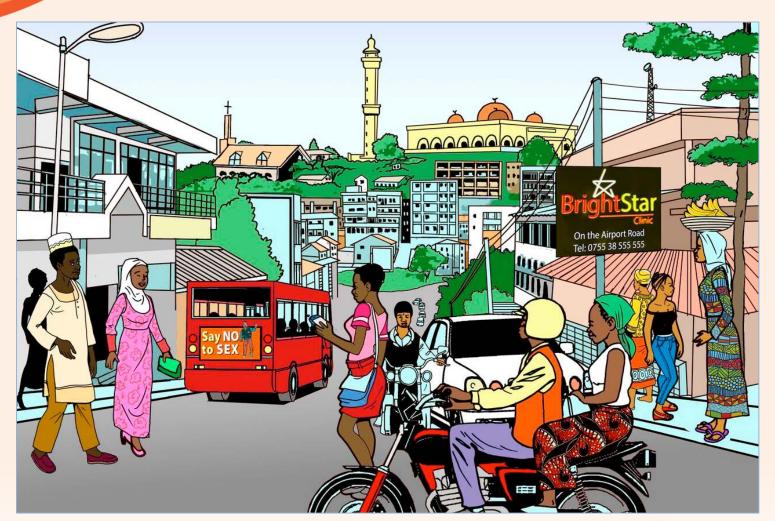


- Provides a list of potential challenges that may be encountered during the design and implementation phases of an urban youth SRH SBCC intervention.
- For each challenge, a list of possible strategies and solutions is provided.













## Erin Portillo, MPH



Family Planning Program Officer, HC3







# **Urban Adolescent SRH SBCC \*ONLINE\* I-Kit**

Presenter: Erin Portillo





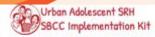
# Using the Urban Adolescent SRH SBCC I-Kit Online

- You can access and use the resource by:
  - Downloading the I-Kit to use later:
     <a href="http://sbccimplementationkits.org/urban-youth/i-kit-site-navigator/">http://sbccimplementationkits.org/urban-youth/i-kit-site-navigator/</a>
  - Navigating the I-Kit online:
     <a href="http://sbccimplementationkits.org/urban-youth/">http://sbccimplementationkits.org/urban-youth/</a>





# Introduction to Homepage



A 1-KIT SITE NAVIGATOR



**✓** MORKSHEETS **●** RESOURCES **i** HELP

URBAN ADOLESCENT SRH SBCC IMPLEMENTATION

IOMEURBAN ADOLESCENT SRH SBCC IMPLEMENTATION KIT

# HOME

♣ I-KIT SITE NAVIGATOR

PARTS

WORKSHEETS

RESOURCES

HELP

Welcome! If you are looking for a tool to help develop programs for urban adolescents on sexual and reproductive health and behavior change, you have come to the right place. You can use the Urban Adolescent Sexual and Reproductive Health Social and Behavior Change Communication Implementation Kit online here, or you can download it to print or to use on your computer.

The tool is divided into four parts:

Part 1 provides the background and information you should know to use the I-Kit.

Part 2 includes the seven Essential Elements of program planning and interactive worksheets.

Part 3 provides strategies to address program implementation challenges.

Part 4 encourages you to share what you have learned.

#### Part 1: Context & Justification

- \* Facus on Adalescent SRH
- A Fictional Setting
- Social and Behavior Change Communication
- SBCC Theory
- Lessons Learned

Part 2: Essential Elements

Part 3: Challenges and Strategies

Part 4: Share What You've

## Part 1: Context & Justification

- Focus on Adolescent SRH
- > A Fictional Setting
- Social and Behavior Change Communication
- SBCC Theory
- Lessons Learned

Part 2: Essential Elements

Part 3: Challenges and

Strategies

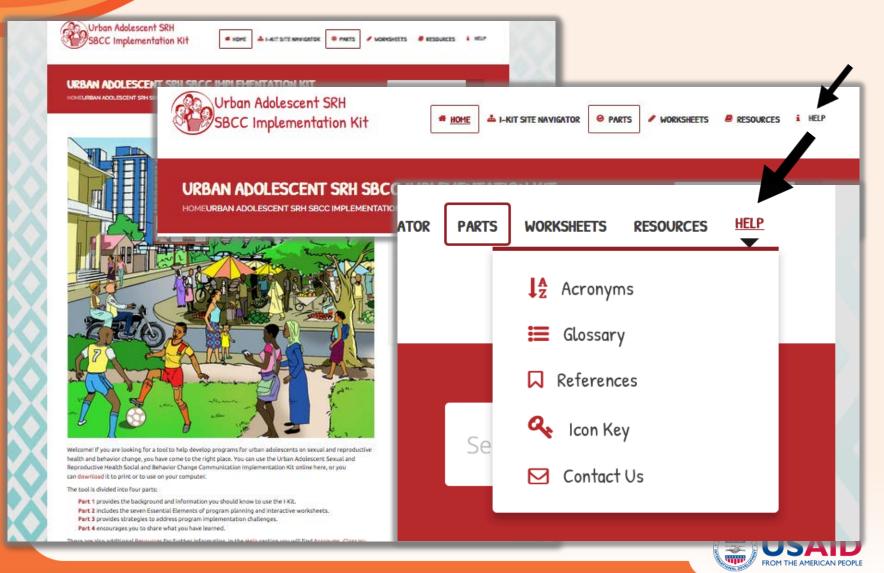
Part 4: Share What You've

Learned





## **Additional Tools**





## Introduction to Homepage



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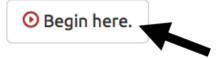
Part 2 is ides the seven Essential Elements of program planning and interactive worksheets.

Part 3 provides strategies to address program implementation challenges.

Part 4 encourages you to share what you have learned.

There are also additional Resources for further information. In the Help section you will find Acronyms, Glossary, Icon Key, and References.

We encourage you to share any feedback you have on using the site and the I-Kit. Contact Us to send a message.









## WHAT IS THE PURPOSE OF THE IMPLEMENTATION KIT?

## Part I

## Adolescent Psychological Development Chart 🗆

### CAST OF CHARACTERS

#### Etienne

Yours

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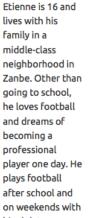
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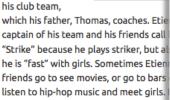
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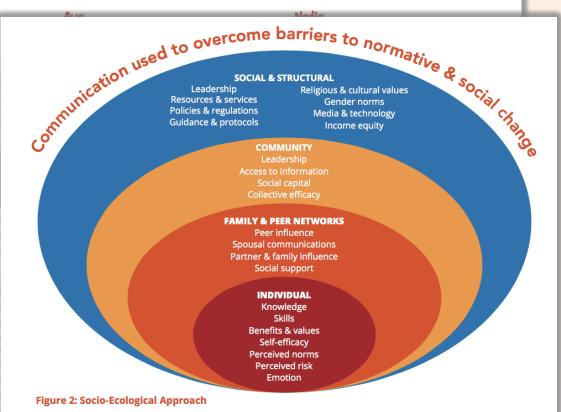


Etienne, 16, is a s

well-to-do neigh

excellent football pli

captain of his team and his friends call "Strike" because he plays striker, but al he is "fast" with girls. Sometimes Etieni friends go to see movies, or go to bars listen to hip-hop music and meet girls. had two girlfriends and he has had sex Etienne has used condoms on and off, never uses them if he has been drinking







## Part II

## PART 2: ESSENTIAL ELEMENTS OF SBCC PROGRAMS FOR URBAN **ADOLESCENTS Essential Element 1** HOME > PART 2: ESSENTIAL ELEMENTS OF SBCC PR Collecting Helpful Information about Urban Adolescents



While the process of developing SBCC programs Elements" to strengthen SRH SBCC programs w only some of the Essential Elements, depending

For each Essential Element, you will be able to a

- What is the purpose?
- Why is this important?
- What are the key steps?

The key steps are not intended to provide a deta design for that element, as well as consideration

Blank Worksheets are included in each Essential are provided using fictional data from the Zanbe

The following lists the seven Essential Elements

Essential Element 5

Essential Element 3

Segmenting Your Audience

Worksheets

Establishing Behavioral Objectives and Indicators

Resources

Resources





**Essential Element 2** 

Navigating the Urban Environment for Adolescents





**Essential Element 2** 

Creatin

Navigating the Urban Environment for Adolescents



Resources



Worksheets

Essential Element 6

Identifying Communication Channels in the Urban



Collecting Helpful Information abou

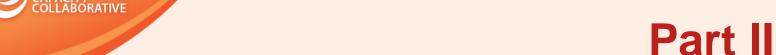
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Essential Element 2







Navigating the Urban Environment for Adolescents



Resources



Urban Adolescem S.SBCC Implementation Kit

# HOME 
I-KIT SITE NAVIGATOR 
PARTS 
WORKSHEETS 
RESOURCES 
HELP

### PART 2: ESSENTIAL ELEMENTS OF SBCC PROGRAMS FOR URBAN **ADOLESCENTS**

HOME » PART 2: ESSENTIAL ELEMENTS OF SBCC PROGRAMS FOR URBAN ADOLESCENTS » ESSENTIAL ELEMENT 2: NAVIGATING THE URBAN ENVIRONMENT FOR YOUTH

### Essential Element 2: Navigating the Urban Environment for Youth

This Essential Element will help you learn more about the environment in which your audience lives and how to use this information in your SBCC programming. Here are some suggestions for working through this element:

- · Read the text from beginning to end.
- Complete Worksheet #2 with the data you have collected. If you need help filling it in, refer to the **example of Worksheet #2** that has been completed with fictional data from the city of
- Refer to the resources at the end of this Essential Element as needed.

#### WHAT IS THE PURPOSE OF THIS ESSENTIAL ELEMENT?

The purpose of this Essential Element is to:

#### ESSENTIAL ELEMENTS

- Essential Element 1: Collecting Helpful Information about Urban Adolescents
- Essential Element 2: Navigating the Urban Environment for Youth
- Essential Element 3: Segmenting Your Audience
- Essential Element 4: Creating an Audience Profile
- Essential Element 5: Establishing Behavioral Objectives and Indicators
- Essential Element 6: Identifying Communication Channels in the Urban Environment
- Essential Element 7: Developing Messages for Urban Adolescents





Navigating the Urban Environment for Adolescents



Resources



Worksheets

## Part II

#### **ESSENTIAL ELEMENT 2 RESOURCES**

HOME » RESOURCES » ESSENTIAL ELEMENT 2 RESOURCES

Q

Family Planning, HIV/AIDS & STIs, and Gender Matrix: A Tool for Youth Reproductive Health Programming

International Youth Foundation

The matrix can assist technical experts, program managers, health providers, peer educators and others to determine what topics and interventions best fit into their own respective programs while taking cultural paradigms into consideration.

**Health Equity Through** Intersectoral Action: An Analysis of 18 Country Case Studies

and the Public Health Agency of Canada, 2008

World Health Organization This document is a collection of 18 case studies of cross-sector solutions for health, ranging from community-based approaches to national initiatives. The resource features two case studies from projects focused on adolescents and youth, as well as an analysis of key themes and best practices for intersectoral partnerships.

The Partnering Toolbook: An **Essential Guide to Cross-Sector** Partnering

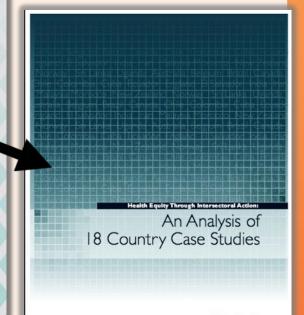
The Partnering Initiative,

This tool provides interactive guidance on how to think through forming cross-sector partnerships. While not explicitly focused on health programming, this tool includes sections on identifying partners, mapping resources and managing partnerships that are helpful to a variety of projects working with youth. Please note that you must register with the Partnering Initiative website to access this resource.





**Essential Element 3** 











Navigating the Urban Environment for Adolescents

## Part II

#### ESSENTIAL ELEMENT 2: NAVIGATING THE URBAN ENVIRONMENT FOR YOUTH



Worksheet

Urban Assessment



Worksheet 2 Example

Urban Assessment: Zanbe Example



Worksheet

Community Mapping



Worksheet 3 Example

Community Mapping: Zanbe Example

#### **WORKSHEET #2: URBAN ASSESSMENT**

#### Zanbe Example

This example is based on the Zanbe "Let's Talk About It" program introduced in Part 1 of the Kit. The program managers conducted a two-day workshop and invited their staff, advisory group and selected urban adolescents from the irtended audience. The workshop included a presentation of the land workshop included a presentation of the land workshop included a pre-

sentation of the Worksheet #2 Comments are

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#### WORKSHEET #2: URBAN ASSESSMENT

Purpose: To gain insights into the factors that can affect your program (social, economic, demographic or political), and community leaders or groups who are likely to lend support or oppose the program.

#### Whattrends or a Preparate disease, unemp pure preparate preference prefe

Before you start, make sure you have the following information to help you fill out this Worksheet.

- Any previous maps or assessments conducted in the area
- A group of people that know the community well
- Any other information relating to the environment where your program will take place

#### Directions:

- Answer the questions in this Worksheet using your data. If you have completed Worksheet #1
  from Essential Element 1, refer to it when completing this Worksheet as it may contain some
  useful information. Please note, however, that you can complete this Worksheet even without
  having worked through Essential Element 1.
- Refer to the Worksheet #2: Zanbe Example to help you complete this blank Worksheet with the information relating to your program.
- What is the geographic area where your program will take place? (e.g., informal settlement, city, multiple-cities, peri-urban area, neighborhood)
- Whattrends or other factors might affect the environment in which your program will take place?(e.g., disease, unemployment, poverty, population size, armed conflict, displacement, natural disasters)
- a. Social:
- b. Economic:
- c. Demographic:

d. Political:



Worksheets

#### WORKSHEET #2: URBAN ASSESSMENT

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#### Essential Element 2: Navigating the Urban Environment for Youth

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- . Refer to the rensurance of the end of this Essential Element as needed.

#### WHAT IS THE PURPOSE OF THIS ESSENTIAL ELEMENT?

The purpose of this Essential Element is to:

- Gain, insights into the factors that can affect your program—social, economic, demographic or
- > identify the community leaders or groups who are likely to lend suggest or appear your program.

#### WHY IS THIS IMPORTANT?

To help you understand the urban world in the context of your intended audience, this element prointended audience and community.

An assessment of the urban environment where you will be implementing your program helps to affect your program, including:

- Social, economic, demographic or political factors (e.g., duesse, unengloyment, poverty, populat
- 1. Social norms that could support or prevent the intended behavior change.
- . Policies or pending legislation that could support or prevent the intended behavior change.
- Other organizations currently addressing the SWI problem or audience segment.
- Community leaders or groups who are supportive or space your program.

If you have worked through Espectial Element 1, the research you used for that can help you assuon this element only, without having completed Essential Element 1, don't worry. All you will need the city or cities in which you wish to run your program. This data can come from your program or of eports, surveys and studies.

you want to learn more about the topics covered in this section, visit the Resources sec

#### WHAT ARE THE KEY STEPS?

When savigating the urban environment for youth, there are a number of key steps to follow:



## Part II

### WHAT ARE THE KEY STEPS?

When navigating the urban environment for youth, there are a number of key steps to follow:



Conduct a Community Mapping or Urban Assessment



Identify Patential Priority Partners

### CONDUCT A COMMUNITY MAPPING OR URBAN ASSESSMENT

a

Part 2 > Essential Element 2 Conduct a Community Mapping or Urban Assessment

A community mapping or urban assessment allows you to identify the places and spaces where youth gather, community leaders and organizations to work with, and various factors (social, demographic, economic and political) that may affect your program. It's important to identify these people, places and factors early to ensure that your program is feasible, affective and in line with community values. Use Worksheet #2: Urban Assessment and Worksheet #3: Community Mapping to learn more about this.



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**Identify Potential Priority Partners** 



Conduct a Community Hipping or Union Assessment





## Part II

# Essential Element 2: Navigating the Urban Environment for Youth

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 Essential Element 2: Navigating the Urban Environment for Youth

Essential Element 3: Segmenting Your Audience

Essential Element 4: Creating an Audience Profile

Essential Element 5: Establishing Behavioral Objectives and Indicators

Essential Element 6: Identifying
Communication Channels in the Urban
Environment

Essential Flement 7: Developing







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## Part III

#### PART 3: CHALLENGES AND STRATEGIES FOR IMPLEMENTATION

HOME + PART 3: CHALLENGES AND STRATEGIES FOR IMPLEMENTATION

- witho with the responsibile for activity designs runnings Kottodas Monttoning
- Ooes everyone know their roles?
- What if something goes wrong? Are you allowing room for delays in funding, implementation, approvals, etc.? Make your implementation plan SMART, too!

Implementing SRH SBCC programs for urban adolescents can be challenging. Here are some common challenges that you might face and suggested strategies for dealing with them.



#### Challenge

Resistance from parents/adults to your SRH SBCC program with urban adolescents.



#### Challenge

Teachers often do not have the time or the interest in delivering your program.

with urban adolescents.

#### Challenge

Young people, particularly in urba environments, are very mobile.



HOME » PART 3: CHALLENGES AND STRATEGIES FOR IMPLEMENTATION » CHALLENGE 4

Particula

#### YOUNG PEOPLE, PARTICULARLY IN URBAN ENVIRONMENTS, ARE VERY MOBILE

Trying to access them more than once can be difficult.

#### Strategy

Highly mobile populations in urban areas may be difficult to keep track of if the program requires repeated interaction (i.e., multiple IPC sessions and follow-up on whether implementing skills learned) and evaluation. If there is a chance that you will only have one chance to reach an individual, then structure the activity differently for one-time sessions verses multiple sessions.

If using a pre-/post-survey for activities, consider a format for collecting data before and after each session. For mass media evaluations reaching larger populations, a representative sample is fine and it is not necessary to match the pre- and post-surveys to the same individual. Also consider other channels to reinforce your messages, such as radio or mobile phone interventions, which may be more accessible to mobile youth and not reliant on personal contact at set times and places.

Develop brochures and flyers with key information that can be distributed during sessions so that mobile youth can take with them.



Part 3: Challenges and Strategies



Next

Teachers often do not have the time or the interest in delivering your program.



Young people, particularly in urban environments, are very mobile.



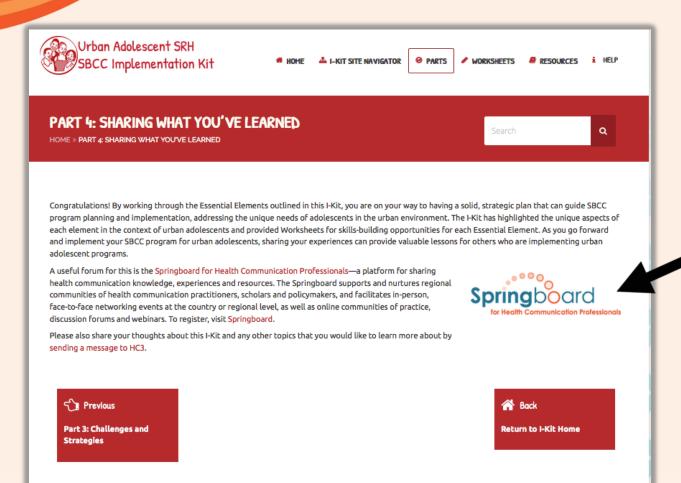
It can be difficult to get young people to trust you.







## **Part IV**











## **Springboard Discussions**



- Springboard is an online forum for SBCC colleagues to share information and discuss ideas.
- Additional I-Kit conversations will take place through Oct 30
- Invite your colleagues to register and join as well!





## **Next Steps**

## French I-Kit

- Available in November
- Online Site in December
- Webinar in January



## Contact us:

http://sbccimplementationkits.org/urbanyouth/contact-us/





# Questions and Additional Resources



The webinar recording and presentation slides will be emailed to all participants for reference and to share with others

## Resources:

- HC3 Project: <a href="http://healthcommcapacity.org">http://healthcommcapacity.org</a>
- Register on Springboard: <a href="https://healthcomspringboard.org">https://healthcomspringboard.org</a>
- Participate in Springboard I-Kit Conversation:
   <a href="https://healthcomspringboard.org/discussions/topic/urban-adolescent-srh-sbcc-implementation-kit/">https://healthcomspringboard.org/discussions/topic/urban-adolescent-srh-sbcc-implementation-kit/</a>.
- Online I-Kit: <a href="http://sbccimplementationkits.org/urban-youth/">http://sbccimplementationkits.org/urban-youth/</a>
- Other Program Tools and Resources: <a href="http://www.thehealthcompass.org">http://www.thehealthcompass.org</a>

