My IUD means:

✅ Less to worry about.

✅ More to dream about!

An IUD could be the right contraceptive choice for you:

- Safe & Effective for all ages
- Private — Can’t be seen or felt
- Easy — Quick insertion by a trained provider
- Removable when you’re ready to get pregnant
- Long-acting protection against pregnancy

Talk with a healthcare provider today about finding the right contraceptive method that fits your life.

www.healthcommcapacity.org/LARCS