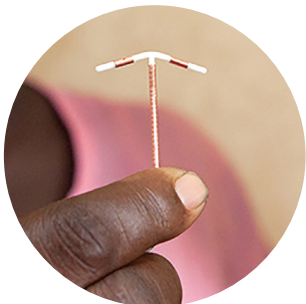


Live your  
**dreams.**



## Think about an **IUD** or **Implant**



INTRAUTERINE DEVICE  
(IUD)



IMPLANT

An unintended pregnancy can detour your dreams.

Long-acting reversible contraception, like the IUD or implant, is safe, effective, and can help you live the life you plan yourself.

**Talk with a healthcare provider today** about finding the right contraceptive method that fits your life.