

Let Us Work Together To Stay Healthy



USAID
FROM THE AMERICAN PEOPLE



**HEALTH
COMMUNICATION
CAPACITY
COLLABORATIVE**





Come with your clinic cards

Come with your clinic cards to help the clinic people find your old story, which helps them treat you good and quick quick.



Come on time

Come on time to get all the right care you need. The clinic people will tell you the times to come back. Examples: 5 clinic visits for your child vaccine before one year, 4 big belly visits before delivery and coming back to check on your sickness.



Be patient

Be patient and wait your time. People can be plenty at the clinic and clinic people can be few. Some people can be too sick and need to be treated first.



Follow instructions

Follow instructions will help you and your family stay healthy. It will also make the clinic people work easier because you are doing what you can to be healthy. Examples: giving baby only taytay water for the first six months, taking big belly tablet, sleeping under a treated mosquito net every night.



Ask questions

Ask questions to help you know what to do about your health. All questions are welcome and it is your right to ask. Examples: ask how to take your medicine, when to come back, what to know about your sickness.

Our Health. Our Life.