Using Human-Centered Design to Address Family Planning Provider Bias in Nigeria

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HC3 Innovation Webinar on Human-Centered Design
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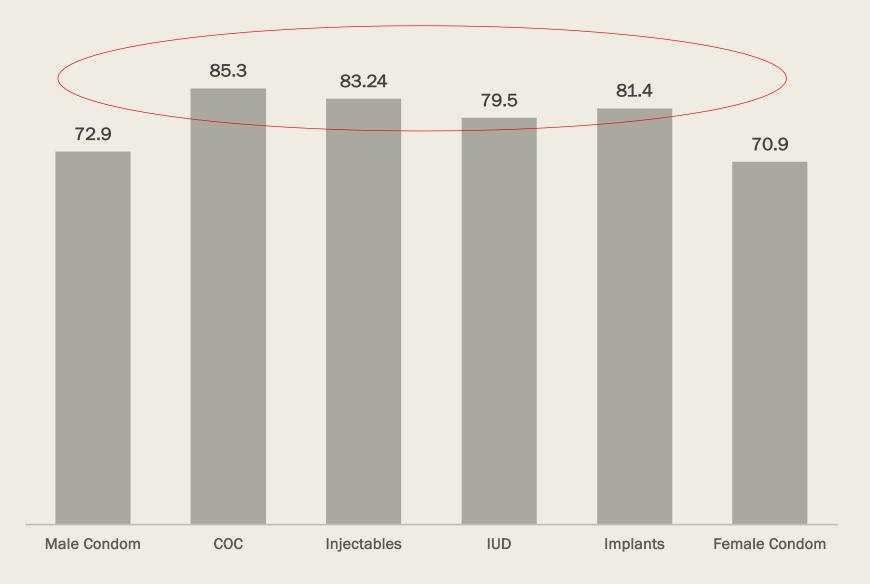
Nigerian Urban Reproductive Health Initiative (NURHI): Phase 2

- 5-year Bill and Melinda Gates Foundation project (2015-2020) implemented by CCP
- Aims to increase modern contraceptive use in 3 states: Lagos, Oyo, Kaduna
- Advocacy, service delivery, demand creation, and RM&E objectives





% of FP providers who restrict methods based on a minimum age requirement



Data source: NHURI baseline provider survey, Nigeria, 2016

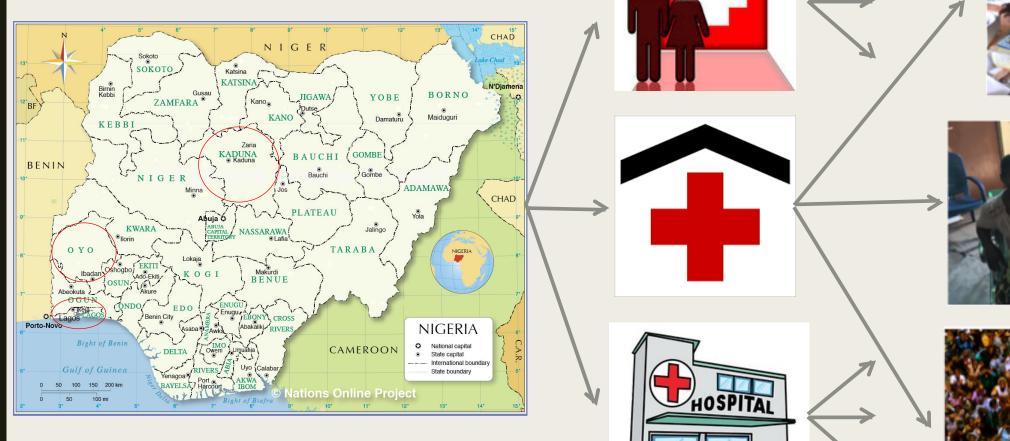
The NURHI II Design Challenge

How might we <u>encourage providers</u> to counsel and offer <u>all clients</u> the <u>full range</u> of contraceptive methods, <u>regardless</u> of the client's age, marital status, parity, partner consent, or socio-economic class?

From Inspiration to Ideation

Day 1 Day 2 Day 3 Day 4 Sharing Stories Intro to HCD Gem Spotting Field Research Prototyping Insights and How Might We's Planning Our Research Ideation

Inspiration

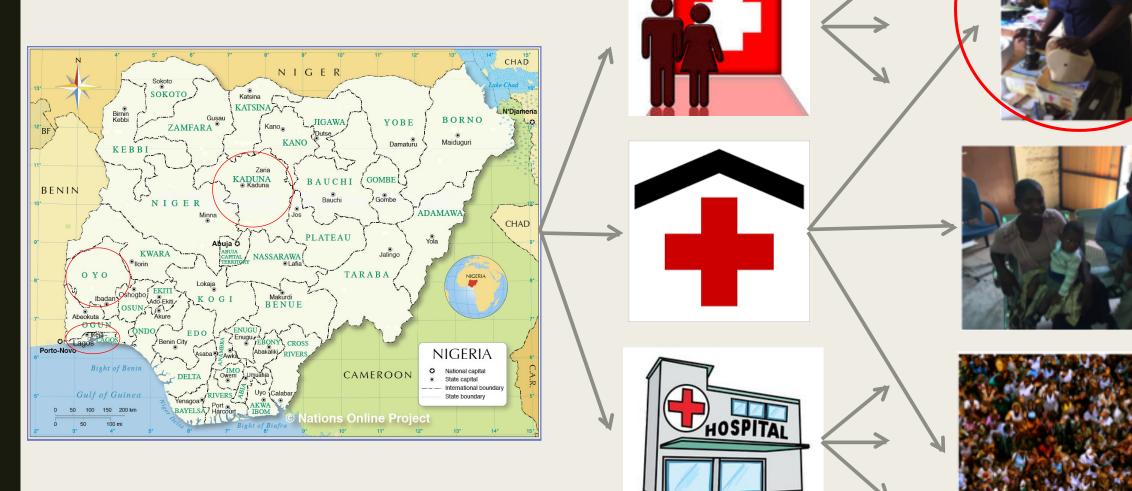








Inspiration



Research Methods

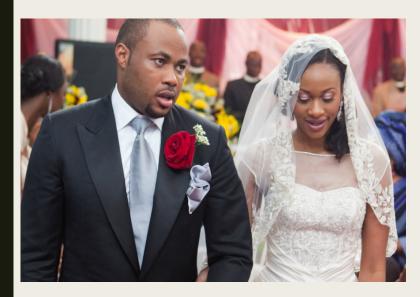
- Direct observation
- Show me
- Card characters
- Mock counseling sessions
- Guided tours
- In-depth interviews
- Group interviews
- Analogous inspiration
- 5 Why's















In Their Words

- "First I would ask if she had her parents' consent to be here."
- "First I would say it does not prevent HIV."
- "I will not do it... Because of my own beliefs... Religious beliefs."
- "Pre-marital sex is fornication. It is a sin before the Lord."
- "I would tell her this one is intrusive. It is going to break the hymen. There are other methods."
- "She will have to sign for me to give her IUD."
- "I would give condoms."



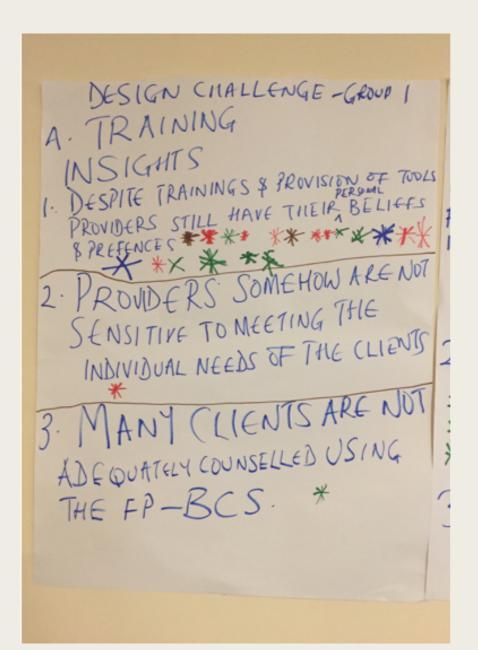
In Their Words



- "Pre-marital sex is a sin but I will provide it because I don't want them to go and die."
- "The provider who refused give a method to a teenage girl will share in the consequences if she dies."
- "Some will be permanently barren if they have an abortion."
- "Even if you cannot give service, you MUST give counseling. Call another colleague [to give the method].
- "It is not a thing of sin to protect someone who is likely going to die."
- "It depends on which issues. If the MEC wheel allows me to give her, I will give her."

Insights

**Despite trainings and provision of tools, providers still have their personal beliefs and preferences



How might we...

use unconventional methods to change providers' perceptions and attitudes?



How might we...

use unconventional methods to change providers' perceptions and attitudes?

"Because of this seminar, one will have a change of mind."



Prototype 1: Values Clarification

- My religious beliefs do not allow me to provide certain methods to certain clients
- I would require parental consent before giving any family planning to an unmarried adolescent
- I would give a young person family planning to help prevent unsafe abortion or death
- A woman must have had a child before using the IUD



Prototype 2: Fishbowl



Prototype 2: Fishbowl



Nuggets

- 1. Getting the design challenge "just right"
- 2. Developing insightful insight statements
- 3. MVPs
- 4. Merging simultaneous processes
- 5. Embracing ambiguity



Thanks!

